Good morning,

Please see below/attached for information and resources related to your work with older youth:

- What I Want My Kids to Know About GenAI (attached)
- What to Expect After Adoption (new YAB resource)
- Stronger Than You Know: Tools for Navigating Life's Challenges

What to Expect After Adoption
Adoption is a big step and the beginning of a new chapter in your life. While everyone's experience is different, it's normal to have questions and a mix of emotions along the way. Teens deserve families too. While thousands of children are adopted each year, older youth are generally less likely to be adopted and more likely to age out of foster care without a permanent family connection. Being adopted as a teen can make a lifelong difference. In one study of older youth who were adopted from foster care, all of the young people surveyed said they were satisfied with their lives. Having a permanent family and supportive adults can provide stability, encouragement, and a sense of belonging that lasts well into adulthood.
Youth video https://payab.pitt.edu/videos/AdoptionBrochureVideo.mp4
Brochure https://www.payab.pitt.edu/files/AdoptionBrochure.pdf

Stronger Than You Know: Tools for Navigating Life's Challenges
A resource guide for adolescents and young adults affected by substance use, mental health disorders, and child welfare involvement.
https://ncsacw.acf.gov/files/youth-resource-guide.pdf?utm_source=SAMHSA&utm_campaign=263d7d8735-EMAIL_CAMPAIGN_2025_12_08_05_27_COPY_01&utm_medium=email&utm_term=0_-f9795ab9dd-169935683

Have a great weekend!

Thank you,

Meghan O'Hare, MSW